

## AMENDMENT TO THE ABSTRACT

A device for exercising when partially submerged in water. The device includes a dumbbell shaped floatation member for providing buoyant buoyant resistance once submerged underwater. This dumbbell shaped member can accept extensions on either end thereof. A second dumbbell member and a second pair of extensions is provided. A third component of the buoyancy buoyancy system is a buoyancy buoyancy member that would threadably engage both dumbbell shaped members to provide for a barbell shaped device for submerging underwater and providing buoyant buoyant resistance for the user to work against. The pairs of extension may be threadably engaged either end of the barbell member.